

South Florida ***RUNNING Forum***

Serving the Community for 30-years!

October 2026

Volume XXIX, Number 10 Issue 376



October 10, 2026
Pursuit of Honor, Courage & Commitment 5K
Charnow Park, Hollywood Beach



November 14, 2026
AVAD's Race For Hope 5K
John Prince Park, Lake Worth



December 6, 2026
Reggae Half Marathon, 10K & 5K
Kingston, Jamaica



January 17, 2027
Kaitlin's Angel Run 5K & 1M
Abacoa Town Center, Jupiter

South Florida
Running Forum
Serving the Running Community for 27-Years!
IN THE PAPER

www.SFRunningForum.com

Pursuit of Honor, Courage & Commitment 5K
AVDA's Race For Hope 5K
Reggae Half Marathon, 10K & 5K
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The Navy League of the United States
Fort Lauderdale Council
Presents the

**PURSUIT OF HONOR,
COURAGE
& COMMITMENT
5K RUN/WALK**

benefiting the
Wounded Warrior Project
and Fort Lauderdale Sea Cadets
Saturday, October 10th, 2026
Hollywood Beach



SEA CADETS



\$5

SAVE \$5
Coupon Code:
SFRUN

Register at:
honor5K.org
Managed by:
Precision Running Events



Proud Supporter of
**WOUNDED WARRIOR
PROJECT®**



5K RUN/WALK

Racing to Stop Domestic Abuse

SATURDAY

NOVEMBER 14, 2026

**KIDS DASH, DISCOUNT FOR HOMETOWN HEROES,
AND DOGS WELCOME!**

Registration Fee

\$40

PURPLE PARTY THEME!
PRIZES FOR MOST SPIRITED OUTFIT!

Register Now!

avdaonline.org/race-for-hope

**For more information please email
hdiaz@avda-fl.com**





REGISTER NOW!



SUNDAY, DECEMBER 6, 2026

REGGAE HALF MARATHON, 10K & 5K



KINGSTON, JAMAICA

reggaemarathon.com | 876.967.4903 | racedirector@reggaemarathon.com





RUN. ★ WALK. ★ REMEMBER.



Kaitlin's Angel Run

5K RUN
&
1 MILE WALK

Always in our hearts, forever in our steps.



ALL PROCEEDS BENEFIT

**Kaitlin's
Memorial
Scholarship Fund**

SUPPORTING FAMILIES
AND CHILDREN IN NEED



AccuChip Timing

START



★ SUNDAY, JANUARY 17TH, 2027 ★



EVENT STARTS:

7:30 AM



LOCATION:

1200 Main Street

Jupiter, FL US 33458

JOIN US AS WE HONOR



A BEAUTIFUL LIFE



A LASTING IMPACT



A COMMUNITY
TOGETHER



SHIRTS & MEDALS



FOOD



MUSIC

All ages welcome!



SCAN TO
REGISTER!

Don't miss it!
REGISTER TODAY!



COME RUN OR WALK WITH US
AS WE HONOR KAITLIN'S MEMORY
AND MAKE A DIFFERENCE
TOGETHER.



TO REGISTER, DONATE, OR LEARN MORE:

RunSignup.com/Race/FL/Jupiter/6thAnnualKaitlinsAngelRun