

Gold Coast Runners



Gold Coast Runners
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Sponsors



CLUB MISSION: *The purpose of the Gold Coast Runners is to promote, encourage, and support the sport of running and walking through a network of people and resources engaged to educate the community on the benefits of the sport.*

Gold Coast Runners Training Team on the road to the Echo Half Marathon & 5K



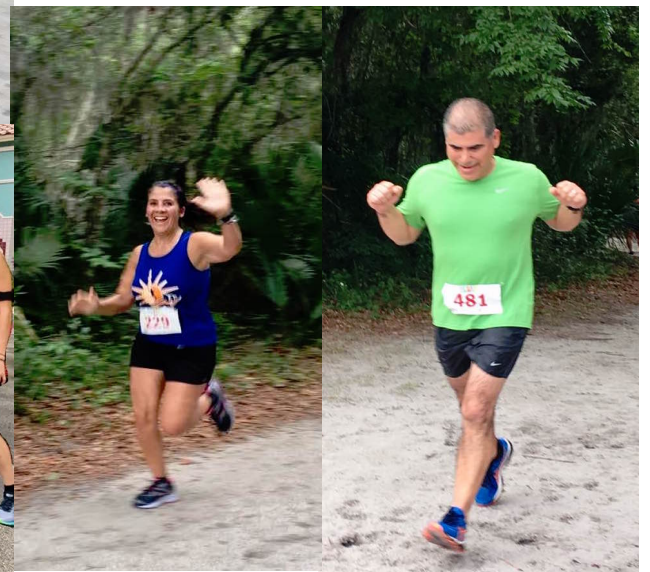
Presented By:



The Gold Coast Runners Training Team recently ran the ECHO Half Marathon in DeBary, Florida, forty minutes Northeast of Orlando. Such a beautiful course, as most of it is run on a flat paved roads over rails to trails path through the woods and shaded with oak trees.

Everyone ran well, not expecting a PR's because of the heat, but we did have three team members podium in the 5K!

The race was very well organized! This is the second time that the training group has traveled to this event and all want to return!



MEMBERSHIP APPLICATION

CHECK ONE: New Member(s) Renewing Member(s) Past Member(s)

CHECK ONE: Individual Family
 1 Year \$35.00 \$50.00
 2 Year \$60.00 \$75.00
 3 Year \$95.00 \$115.00

Make checks payable to: Gold Coast Runners
Mail to: Gold Coast Runners c/o Runner's Depot 2233 S. University Drive, Davie FL 33324

Name _____ Sex _____ DOB _____
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 Name _____ Sex _____ DOB _____

Address _____

City _____ State _____ Zip _____

Phone (H) _____ Phone (W) _____

E-Mail Address _____

I would like to help out on the following team(s): Races Membership Newsletter Social Events Fund Raising

How did you hear about the Gold Coast Runners? _____

Upon submission of this application, I agree to assume all risks associated with participation in any activity of the Gold Coast Runners. I release all sponsors, officers, employees and any person assisting on a volunteer basis from any claims of liability resulting from my participation. Parental signature required for minors.

Signature _____ Date _____