

TC Runners Kick Into the New Year

The Holiday season and New Year celebration is always a filled with endurance activities on the Treasure Coast given the almost perfect weather for running and the flexible holiday schedules. The Treasure Coast Running Club enjoyed several great events during this period starting with the annual TC Running Holiday party in early December, the special All-Night Run for the Cooper Family that raised \$10,000 for one of our favorite local running families, the annual Fleet Feet Christmas Eve Fun Run, the annual TCR New Year's Day Fun Run, along with our regularly scheduled weekly group training runs. It was a fun and busy time.

Mark your calendar for the first Monday night in February. February 6 at 6:30pm is our annual club meeting where we appoint new officers and volunteers. This year we are hosting at Pusateri's Chicago Pizza restaurant on Ocean Blvd in Downtown Stuart. Join us to learn how to get more involved in this fun, social, philanthropic, and highly fitness-oriented organization. All are welcome. We look forward to seeing you there.



Photo: TC Running



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Pictured clockwise from upper left: 1. The early morning TC Running crew lines up with Phil Cromer (far right), who organized the 'Time to Get Ill' training run at 5:30am on Christmas Eve to coincide with the annual Fleet Feet Christmas Eve Fun Run later that morning. 2. Speedster Steve Cortes acknowledges Alice Delevante's excellent performance as an age group winner at the 2016 TC Race Series. 3. Tracey Ali, Lauren Kowalski, Stephanie Wilhelm, and Frank Fender sport their legacy TC Running colors at the TCR All-Night Run for the Coopers at Coastal Life Church in Palm City as they support another successful philanthropic event hosted by the club. 4. Mike O'Leary is ready to head out for his shift at the TCR All-Night Run for the Coopers. 5. Ashleigh Hawkins, Joan Bauman, and Diana Fohrman socialize at the TCR New Year's Day Fun Run in Stuart at Flagler Park.

Marathon of the Treasure Coast & Half - Sunday, March 5th

The Marathon of the Treasure Coast is getting better and more exciting. Join us on the Treasure Coast for a competitive Boston-Qualifying full and half marathon, 4-person marathon relay, and extended 5K, 10K, Half/Full challenge event with a small prize purse for the avid endurance athlete. You are going to love this race! This year the Marriot Hutchinson Island hosts the Expo. Also, we have enhanced the entertainment with the Marathon Rock & Run Music Festival hosted by Terra Fermata; Tons of music, bands, and solo acts during the weekend. Walkers welcome. Chip timing! Great food! Virtual Race! Tech Runner's Shirt! Stocked Race Bag! Awesome spinning bottle-opener medal for every full, half, and relay marathon finisher. You don't want to miss Marathon Weekend on the Treasure Coast!

Start Training & Register Now at www.TreasureCoastMarathon.com

