



TCR Group Runs

It's time to run, TC!! All paces of runners and walkers are always welcome. Check Facebook, then just show up and run:

- TCR-Stuart Downtown – 4:45am T&TH at Stuart City Hall.
- TCR-Stuart Southside – 4:45am T&TH on Cove Road (Peace Presbyterian Church).
- TCR-Tradition Square – 5am T&TH at the fountains in Tradition.
- TCR-Crosstown – 6:15pm Wednesdays at Mako Soccer Park on Cashmere in PSL.
- TCR-Palm City – 5am T&TH at the Palm City Publix by the Post Office.
- TCR-PC Pavement Pounders – 6:30pm Tuesdays at the Palm City Vine & Barley.
- TCR-Team Fit – 5:30am T&TH at Team Fit on Ocean just West of the Sewall's Point Bridge.
- TCR-Carsons – 6pm Thursdays at Carson's Tavern in Stuart.
- TCR-Pizza-Pasta – 6:30pm M&F on the corner of Gatlin & PSL Blvd in front of Big Apple Pizza.
- TCR-Bagel&Bean – 6am Sundays at the PSL Bagel & Bean Company.
- TCR-Sunday Track – 7am Sundays at the Jensen Beach Elementary Track.
- TCR-Fort Pierce – 7am Sundays at the Inlet Jetty.
- TCR-Dog Run – 4pm Sun&Wed at Indian Riverside Park.
- Fleet Feet Stuart – 6am Saturdays at the store on Federal Highway (registration required).
- Galloway Run/Walk – 6am Saturdays at the Treasure Coast Mall Theater (registration required).



Just show up and run! Find TC Running on Facebook Groups or www.TCrunning.org

For more Information, email TreasureCoastRunning@gmail.com

President: Brenda Wilson - Secretary: John Trahan - Membership Coordinator: John McDonald - Social Coordinator: Chenae Jackson - Board Contact: Frank Fender 772-486-3946



Running for their causes, TC Running Downtown Stuart team was in full patriotic election personas at the TC Halloween 13.1 Half Marathon. *From left:* Heather Hester Neal, Sally Padgett, Kristi Brown, Ashleigh Hawkins, Janet Napolitano, Nicolle Gozdz, Naomi Omura, Denise Brodie, and Jess Peer. Photo: Kristi Brown