

# TC Runners for the River!

In addition to fitness, runners on the Treasure Coast are also civic-minded. As the summer heated up, so did the water quality crisis all around Florida that flooded the national news with images of the toxic algae blooms devastating local waterways and the fragile Indian River Lagoon Estuary, the most bio-diverse ecosystem in the Northern hemisphere. In protest, Will Glover organized a 37-mile protest run on July 16 from Lake Okeechobee to Stuart Beach sponsored by the Vital Wellness Center and Treasure Coast Running to raise awareness of the water quality crisis.



Photo: Dave Young



Photo: TC Running



Photo: Dave Young

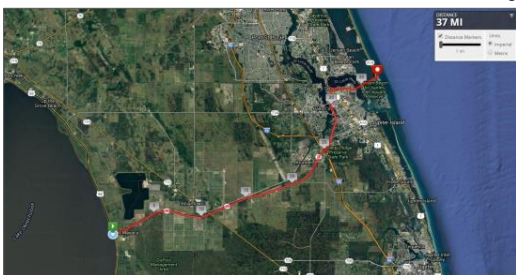


Photo: Google Maps



Photo: TC Running

*Pictured clockwise from upper left:* 1. run for the Toxic Trail Logo designed by Jeff Mayer. 2. Will Glover leads the TC Runners John Mysterio, Wayne Powell, Mike Peregrine, John Trahan, and Addie Green out of Port Mayaca heading east in the early morning along the "Toxic Trail" with Frank Fender and Bill Salcedo following the pack. 3. Google Maps shows the full 37-mile route from Lake Okeechobee to Stuart Beach. 4. John Trahan, Will Glover, Addie Green, and Mike Peregrine complete the final mile to Stuart Beach carrying the River Kidz signs in protest of the toxic algae suffocating the Indian River Lagoon Estuary. 5. The TC Running crew at the 5:30am start from Port Mayaca Lock on Lake Okeechobee. 6. The TC Running crew at the finish on Stuart Beach.

## Treasure Coast Halloween 13.1 - Sunday, October 30<sup>th</sup>

Join Treasure Coast Running for the TC Halloween 13.1 Half Marathon on October 30, 2016. Run like there's a ghoul chasing you on Halloween Eve and experience the Treasure coast on a scenic, competitive course with stunning views in this iconic village by the sea! Awesome medal for all finishers. Tech running shirt guaranteed for everyone registered by September 15. Competitive race starts at 6:30am at Stuart Memorial Park and includes overall and age group awards. Walkers welcome. Chip timing! Refreshments! Virtual Race! Costume Contest! Race proceeds benefit a local charity and high school scholarships. Ask the club about family and multi-party registration discounts. Hope to see you there. It's the Halloween 13.1... run for you life!!



**Register While You Still Can -- [www.TChalloweenHalf.com](http://www.TChalloweenHalf.com)**