



Endurance Training Options

It's time to run, TC!! All paces of runners and walkers are always welcome. Check Facebook, then just show up and run:

- **TCR-Stuart Downtown** – 5am T&TH at the Shell station just North of Roosevelt Bridge or 4:45am from City Hall.
- **TCR-Stuart Southside** – 4:45am T&TH on Cove Road (Peace Presbyterian Church).
- **TCR-Tradition Square** – 5am T&TH at the fountains in Tradition.
- **TCR-Palm City** – 5am T&TH at the Old Palm City Publix.
- **TCR-Dog Run** – 4pm Sun&Wed at Indian Riverside Park.
- **TCR-Longneck** – 6pm Thursdays at Longneck Brew House. 4:45am Thursday mornings.
- **TCR-Crosstown** – 5:45pm Wednesdays at Mako Soccer Park on Cashmere in PSL.
- **TCR-Fort Pierce** – 7am Sundays at the Inlet Jetty.

Just show up and run! Want to know more? Find the TC Running group on Facebook!



TC Runners represent at the 120th Boston Marathon: *Back Row left to right:* Mike Peragine (3:07:54), Alex Beringer (3:19:12), Rex Noble (3:36:19), Stephen Curet (3:39:19), Darrell Fiske (4:22:06), Anna Quesada (5:10:15), Kurt Barnhill (2:57:30). *Front Row:* Janet Napolitano (4:28:43), Addie Green (4:02:51), and Joan Bauman (3:46:28).