

# Upcoming Events

## Join us for a Group Run with your Friends!



**6th Annual**

**Vista View 360**

6-Hour Ultramarathon & 4-Person Relay

**Runner's DEPOT**

**Vista View Park • Davie, Florida**

**Vista View 360 Ultramarathon & Relay**

**Sunday, January 10, 2016 • 6AM - 12Noon**

**CASH PRIZE PURSE-\$1,000 • TEAM AWARDS**

Sponsored by: **MITCHELL & WEST LLC**  
ATTORNEYS AT LAW

**Finisher Medals and Tank Tops to all participants!**



## So many fun workouts to choose from all across Broward County!

**Sunday Morning – Hollywood Beach Broadwalk with the Hollywood Run Club, A-1-A & Garfield Street at Charnow Park. 7:00AM start. All paces, Runners & Walkers.**

**Sunday Morning – Vista View Park, Davie**  
On Boy Scout Road (142<sup>nd</sup> Ave.) just North of Orange Drive. 7:00AM start. All paces. Up to 13 miles or as many as you'd like. Run the 1.25 mile trail loop with hills. A great workout! Park by Shelter #1.

**Tuesday Evening – Hollywood Beach Broadwalk with the Hollywood Run Club, A-1-A & Garfield Street at Charnow Park. 7:00PM start. All paces, Runners & Walkers.**

**Wednesday Evenings – Robbins Park, Davie**  
**Just North of Orange Drive on Hiatus Road**

6:00 PM – Meet by the bathrooms  
All paces, 4, 5, or 6 miles. Stay after for the stretch

**Thursday Evenings - 17th Street Causeway**  
**Runner's Depot Run Club – Ft Lauderdale**  
6:30 PM - Starts at Runner's Depot - Ft. Lauderdale  
1489 SE 17 St. Causeway, Southport Center  
All paces, 4-6 miles. Refreshments & raffles!

**Thursday Evenings – Coral Springs-Parkland**  
**Runner's Depot Run Club – Coral Springs**  
Starts at Runner's Depot-Coral Springs  
5679 Coral Ridge Drive (954) 575-2090  
All paces, 3-5 miles. Refreshments & raffles!

**Thursday Evenings - Weston**  
**Runner's Depot Run Club – Weston**  
6:30 PM - Starts at Runner's Depot – Weston  
1378 Weston Road, Country Isles Plaza  
All paces, 4 miles. Refreshments & raffles!

**Saturday Mornings – Weston Town Center**  
6:00 AM. 5-10 Miles, All Paces, 2 Water Stops

**Saturday Mornings – Holiday Park, Ft Lauderdale**  
6:30 AM. 6-10 Miles, All Paces. Park by the gym on the south side of the park

**Runners and walkers - All paces Welcome!**

**The Vista View 360 is an Ultramarathon & 4-Person Relay. This loop course is a 1.24 mile dirt/mulch trail around Vista View Park.**

**Runners complete as many loops as they can within the 6-hour time limit.**

### GET YOUR TEAM TOGETHER!

Put up your tent, bring your lounge chairs and have a fun-filled day with your team. Take turns running the loop course and enjoy a break and a snack while your other teammates take their turn. You may exchange the 'baton' as many times as you want - run 1, 2, 3 or more loops at a time... your team's choice! Male, Female & Co-Ed Teams!



**5K Run & Fitness Walk**

**Sunday, February 7, 2016**  
**7:00AM**

**Central Park, Plantation**

**Trophies • Finisher Medals**  
**Long-Sleeve Tech Tees**