

MEMORIES OF STRIDERS

Lynn Lloyd

My favorite memory of a "Strider" is Ralph holding his megaphone and saying "runners, take your mark". He loves that megaphone and always takes his job so seriously. He's "the man" - couldn't do the club without him!

Sharon Beal

South Florida Striders – what a great group of friends! I've been a member since day one and have terrific memories of running with the group on Hollywood Beach. We ALWAYS ran 10 miles. In the beginning, our standard route was out Sheridan, turn left, and turn around at the Burger King. Then we started doing more runs along the beach, changing direction when the time changed. Well, we all got older, and the 10 miles turned into 6, and then sometimes less. The payoff was a fun evening of dinner at a local spot along the beach area, sometimes preceded by a dip in the ocean, during hot weather. Fun, fun, fun! Friendships that will last forever.

Ron Raymond

Track workouts at North Miami Stadium and then later at Western Hugh School, Wednesday evening runs to the Port Everglades jetty from Hollywood Beach and food later at one of the beachfront spots and, most of all, the annual "Hangover Classic" at the Wagner's.

Bill Springer

When I think about the Striders, I go directly to the Wednesday gatherings at the Hollywood Beach Band Shell. Wednesday evenings became a priority for that day so not to miss seeing our fellow friends and runners, and of course not missing the punctual 6:15 P.M. send off. I wish to thank Pres. Ralph and his staff for the many years of devoted time and hard work.

Vic Beninate

For years the best race in all South Florida was the last mile of the Striders six mile fun run at the Hollywood Beach Band Shell. It is greatly missed!

Al Shamoun

When I think back about the group that ran 10-15 years ago on Wednesday night, I remember they were so damn competitive that every workout turned into a all-out race. I looked forward to the beach run as much as the weekend races, sometimes more. Also became friends with some really great people like Vic, well maybe not Vic.

Bill & Sandi Wagner

It started with running, pizza and beer. 20 plus years and many good friends. In our memories, it will always remain. The merger will continue those memories. Good luck and well wishes, Striders.

Christina Weisberg

I came to the Striders 20 plus years ago as a jogger, became a runner and later a triathlete. Enjoyed every minute of it and made lots of friends. Thanks to everyone who kept this club going for so many years.

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