

Runner's Edge Foundation

Fun Runs & Events at
A 501-3 non-profit



Located within

Runner's Edge

3195 N Federal Highway
Boca Raton, FL 33431

561-361-1950

www.runnersedgefoundation.org

Thursday nights 6:30pm

Upcoming Events

- March 30th: Brain Cancer 5K
- April 13th-Gumbo Limbo 10K/5K
- April 27th: Run From The Rays 5K
- May 3rd: Heroes in Recovery 6K
- May 17th- Eric Patrie 5K
- June 1st: Run for Ribbons 5k/1 Mile
- June 7th-Muttsquerade 5K-Delray
- Oct 11th-AVDA 10K/5K-Delray
- Nov. 3rd-PAL Half Marathon & 5K

Board of Directors:

- Carol Virga -President
- Tom Vladimir -Executive Director
- Eddie Ernest-Jones-Board Member
- Casey Gaus-Board Member



RUNSAFER

BE PREPARED

Self Defense Expert Todd Williams for an hour of Safety Training! Todd will cover important Safety Awareness Tips as well as teaching Self Offensive Techniques that can keep you SAFER in a dangerous situation. This is for all ages and a family event. EVERYONE NEEDS TO BE SAFER in the world we live in today! \$25. Class size limited!!! Signup at Runner's Edge or www.runnersedgeboca.com. 561-361-1950 for information.

May 22th, 7pm-8pm

Come join runner, five-time Gate River Run champion, and black belt in jiu-jitsu Olympic Distance Runner &



Green Turtle Gallop 10K
Gumbo Limbo 2014
Boca Raton

1 Mile Turtle Trot
April 13th, 7:15am
Spanish River Park
Boca Raton

www.runnersedgeboca.com



Larry Davis Scholarship

Application Due May 1st!

This scholarship will be given in the name of Larry Davis. Larry who passed away in 2012 from Mesothelioma, an incurable cancer linked to asbestos exposure. As he courageously battled this deadly disease, Larry's love of running kept his spirits high. Applicants must be a senior in high school and a runner (but need not be a fast one) and live in Broward or Palm Beach County currently.

Application:

Www.Runnersedgeboca.com



RUN 5 FROM THE RAYS 5K

APRIL 27 2014



Spanish River Athletic Fields
Boca Raton, 7:30am

- * Pancake breakfast.
- * Chip timing.
- * 5 year age groups
- * Custom Finisher medals.
- * Bounce house.
- * Kids fun run.

www.Runnersedgeboca.com



5th Anniversary

SUNDAY, MARCH 30, 2014

John Prince Park, 2700 6th Ave South, Lake Worth, FL



Register Online @ FBC5K.org

All participants will receive a 5th Anniversary 2014 FBC5K Finisher Medal!

Accelerating The Cure



REGISTRATION: 6:00AM ■ 5K WALK/RUN: 7:30AM

Presenting Sponsor



RENDINA FAMILY FOUNDATION

Vendor and sponsorship opportunities are available. Contact florida5k@abc2.org

Event proceeds to benefit brain cancer research through

accelerate brain cancer cure