



FIT 2 RUN Boston Unity Run

Fit 2 Run held 2 Boston Unity Run Events to raise much needed Financial resources for Boston families.

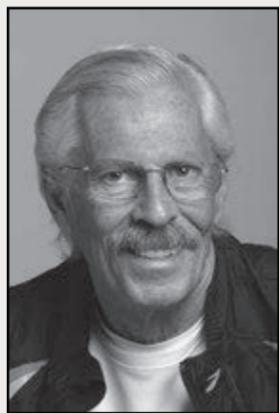
Run and Roll also held a Unity Run to aid victims of the 2013 Boston Marathon.

Contact Fit 2 Run - Wellington and Run and Roll on Clematis street to make contribution to the Boston Marathon Victims.



Posted: Palm Beach Post. Wednesday, April 17, 2013

PROMINENT AREA RUNNER PLANNING TO CONTINUE TREADING ON



WEST PALM BEACH — On Thursday at 6:30 p.m., just as he does every week, Bob Anderson will set off on a 4-mile run from the Clematis Street waterfront down Flagler Drive and back. He's not sure how many are going to be running with him, but it probably won't feel like business as usual.

"It's certainly renewed my faith about people helping others," said Anderson, 71, of the goodwill directed at him and other local runners, many of whom were closing in on the finish line at Monday's Boston Marathon

before the race was stopped because of two explosions that killed three and injured more than 170.

At 7:30, around the time the usual Thursday night run will be ending, organizers of Clematis By Night are doing a special tribute to the marathon and its runners, including playing Neil Diamond's "Sweet Caroline," an anthem of the Boston Red Sox.

Anderson, who was about 21½ miles into the 26.2-mile marathon when it was abruptly halted, is one of the more prominent figures on the local running scene. He is head of Palm Beach Marathon Training and the man responsible for preparing hundreds of locals to run races around the world.

For several hours on Monday, amid the panic and lack of cellphone

reception in Boston, friends in Palm Beach County and beyond followed Anderson's Facebook page especially when his son wrote that he had not heard from his dad.

It turns out that Anderson, "because of age and everything," was "near the back of the pack" and had been sitting on the street, unable to reach his son.

A woman "came out of a house and saw me and another gentleman, and maybe because of age, said 'Come into the house. It's a lot warmer,'" he says.

"Ladies were coming by with food and masses of beer. They brought in blankets. They were so cordial opening their house to all these people, with a bunch of sweaty strangers sitting on your furniture." He was eventually reunited with his son in a church where some of the runners were taken.

Since then, he said he's gotten a warm reception from anyone who recognizes his official yellow Boston Marathon shirt.

"The fact that I didn't finish or get a medal is no big deal, given the fact that people got hurt and killed. It's a tragic thing," Anderson said. "I thought that this was going to be my last hurrah, but I hope to get back to Boston next year and try it again."

