

# South Florida Running Forum Event Calendar

## October

6	Southernmost Running Festival, Marathon, Half Marathon & 5K, Key West	5:30 AM	somomarathon.com
6	STRONGER than Cancer 5K Run/Walk & 1-Mile, Roger Dean Stadium, Jupiter	7:30 AM	bscarlata@postfl.org
7	22 <sup>nd</sup> Annual Dunn's Run, Deerfield Beach, Walk and Run for Kid's		dbrock@bgebc.org
13	7 <sup>th</sup> Annual Pursuit of Honor, Courage & Commitment 5K Run/Walk, Charnow Park	7:30 AM	tinyurl.com/ybpuh4vy
13	Schott Communities 5K Run, Walk & Roll, Southwest Ranches	8:00 AM	schottcommunities.org
13	The Great Amazing Race, Palm Beach County, adventure/obstacle, Sago Park	10:00 AM	info@greatamazingrace.com
14	4 <sup>th</sup> Annual Cocoa Beach Half Marathon, Hanger's Beach, Patrick AFB	7:00 AM	cocoabeachhalfmarathon.com
20	USO Armed Forces Half Marathon & Freedom Run, Metropolitan Park, Jacksonville	7:00 AM	jaxsohalfmarathon.com
20	7 <sup>th</sup> Annual Every Boob Counts 5K Run/Walk, John Prince Park, Lake Worth	7:30 AM	theebcfoundation.com
21	Running For The Bay, Marathon, Half, 10K, 5K & Ultra 50K, Apalachicola Bay	7:15 AM	runningforthebay.com
21	Step Up 4 Down Syndrome Walk & 5K Run, Markham Park, Sunrise	8:30 AM	bgedownsyndrome.org
22	Heroes and Villains 5K Run/Walk, Key West	6:00 PM	beth@themeruns.com
28	<b>GFL Halloween Spooktacular 5K, TY Park, Hollywood</b>	8:00 AM	gflrrc.org
28	<b>TCR Treasure Coast Halloween Half Marathon</b> , Stuart Memorial Park	6:30 AM	tchalloweenhalf.com

## November

3	13 <sup>th</sup> Annual Sallarulo's Race for Champions 5K Run/Walk, Nova Southeastern University	8:00 AM	jacquelineiraizin@sofl.org
3	Steps For SOS 5K Run/Walk for Foster Kids, Tradewinds Park, Coconut Creek	7:00 AM	dsealy@sosflorida.com
3	15 <sup>th</sup> Annual Miles For Smiles 4-Miler, Pompano Beach Community Park	8:00 AM	llanah@bceckids.org
3	Inaugural FOTA Transplant Adventure Fun Run/Walk, 2-Miles, Zoo Miami	7:30 AM	wetzelandassociates@gmail.com
3	4 <sup>th</sup> Annual Chris Page 5K, Dr Von D Mizel Eula Johnson State Park, Dania Beach	8:00 AM	kurt.yockel@cgtlea.org
4	Getaway 5K/10K, Albert Whitted Park, St Petersburg (coupon code: Love2Run18)	7:00 AM	joekerrigan@corrigansports.com
10	8 <sup>th</sup> Annual Zoe Loren "Make A Difference" Foundation 5K Run/Walk, Carlin Park, Jupiter	7:45 AM	zoeloren.org
10	2 <sup>nd</sup> Annual Phil Doganiero 3 Bridge Half Marathon/5K/1M, Coachman Park, Clearwater	7:00 AM	the3bridgerace.com
11	Cape Canaveral Lighthouse Foundation Half Marathon (Veterans Day)	6:45 AM	runthecape.com
11	St. Augustine Hakf Marathon, 5K & 10K, Francis Field, St. Augustine	7:00 AM	stefania@miamitrievents.com
17	32 <sup>nd</sup> Annual Delray Beach Turkey Trot 5K & Health Walk, Anchor Park	7:30 AM	runsignup.com
17	Steps for Healing 5K Run/Walk, Zoo Miami	8:00 AM	events@childbereavement.org
18	Loop Around the Lake 6K Run/Walk, Town of Lake Clarke Shores	7:30 AM	tinyurl.com/ydh4hntc
18	2 <sup>nd</sup> Annual Beacon of Hope 5K Run/Walk, Tiger Shark Park, Wellington	7:30 AM	ange0460@yahoo.com
22	<b>PBR Run 4 The Pies 4-Miler &amp; Pumpkin 1-Miler</b> , Constitution Park, Tequesta	8:00 AM	accuchiptiming.com
22	38 <sup>th</sup> Annual Tamarac Turkey Trot 5K, Tamarac City Hall	7:30 AM	splitsecondtiming.com
22	Inaugural Hunger Heroes Turkey Trot 5K, John Prince Park, Lake Worth	7:30 AM	tinyurl.com/yar45ce3
22	Hawks Cay Turkey Trot 5K Run/Walk	9:00 AM	beth@themeruns.com
22	10 <sup>th</sup> Ann Town of Palm Beach United Way Turkey Trot 5K, Bradley Park	7:30 AM	kristencummins@palmbeachunitedway.org
22	10 <sup>th</sup> Annual Levis JCC Turkey Trot 5K, 12551 Glades Road, Boca Raton	7:30 AM	laurenk@levisjcc.org
24	Orangetheory Half Marathon & 5K, Spanish River Park, Boca Raton	6:40 AM	tinyurl.com/yc5dzecy
30	Bill Bone 5K, Flagler Drive, West Palm Beach	6:30 PM	palmbeachesmarathon.com

## December

2	Palm Beaches Marathon, Half & Relay, Flagler Drive, West Palm Beach	6:15 AM	palmbeachesmarathon.com
2	17 <sup>th</sup> Annual Reggae Marathon, Half Marathon & 10K, Negril, Jamaica	5:15 AM	reggaemarathon.com
8	<b>PBR 21<sup>st</sup> Annual Classics By The Sea 5K/10K &amp; Kid's 1-Miler</b> , Carlin Park, Jupiter	7:15 AM	palmbeachroadrunners.com
15	Ameris Bank Jacksonville Marathon, Half & 5K, The Bolles School	7:00 AM	amerisbank.com/jacksonville-marathon
15	Christian FM's 5 <sup>th</sup> Annual Jingle Bell Jog 5K, South Beach Park, Vero Beach	7:30 AM	amays@christianfm.com
16	7 <sup>th</sup> Annual Wellington Jingle Bell Run 5K, Village Park, Wellington	7:00 AM	wellingtonholidayrun.com
22	Santas Run For Our Kids 10K, 5K & Kid's Run, Central Park, Winter Haven	7:00 AM	whoptimist5k10k.com
22	<b>GFL Jingle Bell Jog 5K, Sunset Park, Plantation</b>	8:00 AM	gflrrc.org
30	4 <sup>th</sup> Annual Kaitlin's Angel Run, 5K Run/Walk, Abacoa Town Center, Jupiter	8:00 AM	pbcpsa.org

## January 2019

12	AVDA's 19 <sup>th</sup> Annual Race for Hope, John Prince Park, Lake Worth	7:30 AM	avdaonline.org
20	31 <sup>st</sup> Annual Naples Daily News Half Marathon, Cambier Park	7:00 AM	napleshalfmarathon.net
20	3 <sup>rd</sup> Annual Lions Fort Pierce Half Marathon & 5K, Downtown Fort Pierce	6:30 AM	runfortpierce.com
20	21 <sup>st</sup> Annual Key West Half Marathon & 5K (\$10 Discount code: SFRF 10)	7:00 AM	keywesthalfmarathon.com

## February

2	10 <sup>th</sup> Annual Walk For Wishes Broward County, Markham Park, Sunrise	8:30 AM	walkforwishesfla.net
3	17 <sup>th</sup> Annual Coconut Creek Butterfly Run 5K, Tradewinds Park	7:00 AM	jhull@coconutcreek.net
9	7 <sup>th</sup> Annual Barrier Free 5K Run/Walk, Barrier Free Park, Boynton Beach	7:30 AM	tinyurl.com/ybcjljof
9-10	The Florida Marathon & Half Marathon Weekend, Melbourne	7:00 AM	thefloridamarathon.com
9-10	Daytona Beach 1/2-Marathon & 5K, Race from the Speedway to the Beach and back!	7:30 AM	daytonabeachhalf.com
10	14 <sup>th</sup> Annual Run Through Central Park 5K Run & Fitness Walk, Plantation	7:00 AM	rundepot@aol.com
16	9 <sup>th</sup> Annual Loop For Literacy, Walk   Run   Bike, Bryant Park, Lake Worth	8:00 AM	literacyabc.org
16	15 <sup>th</sup> Annual Stepping Out to Cure Scleroderma 2-Mile Walk/Fun Run, Tradeswinds Park	9:00 AM	scleroderma.org/steppingout-southeastflorida

23-24 Publix Gasparilla Distance Classic, Tampa

## March

9	8 <sup>th</sup> Annual Everglades Ultras, 50-Mile, 50K, 25K, Fahahatchee Strand Preserve	6:00 AM	evergladesultras.com
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## April

6	8 <sup>th</sup> Annual Walk For Wishes Miami-Dade, Zoo Miami	8:00 AM	walkforwishesfla.net
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## Participating South Florida Running Clubs

**GFL Gtr Ft Lauderdale Road Runners**  
[GFLRRRC.org](http://GFLRRRC.org)

**KWS Key West Southernmost Runners**  
[SouthernmostRunners.com](http://SouthernmostRunners.com)

**TCR Treasure Coast Running**  
[TCRunning.org](http://TCRunning.org)

**PBR Palm Beach Roadrunners**  
[PalmBeachRoadrunners.com](http://PalmBeachRoadrunners.com)

**NWB Northwest Broward Road Runners**  
[NWBRRRC.com](http://NWBRRRC.com)

### SF RUNNING FORUM

Is published monthly and produced through the joint efforts of the Greater Fort Lauderdale Road Runners, Key West Southernmost Runners, Northwest Broward Road Runners, Palm Beach Roadrunners, and the Treasure Coast Running running Clubs. All newsletter articles should be submitted to your Club newspaper editor. Deadline is the 10<sup>th</sup> of the preceeding month. All advertising requests should be directed to the publisher. Address change requests must be made with your Club.

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**Advertising:** Ad 'reservation' is the 1<sup>st</sup> of the preceeding month and 'copy' is due on the 10<sup>th</sup> of the month. Ad reservations are final on the 1<sup>st</sup> and no refunds will be given! Please visit [www.SFRunningForum.com](http://www.SFRunningForum.com) for complete details.

Participating **SFRF Club** events appear in **Boldface**.  
 The '3-letter' designation after the date is the Club reference.

### ATTENTION RACE DIRECTORS

To avoid conflicts with other events get your race listed, as soon as possible, on the **SFRF Event Calendar**. Send your request to the Editor.