

# South Florida Running Forum Event Calendar

## January 2018

1	Team Fort Lauderdale's Resolution 5K, TY Park, Hollywood	9:00 AM	bob@gflrcc.org
6	Devil's Dash 5K/10K Eco-Friendly Adventure Race, Cedar Lakes Woods & Gdns	8:00 AM	organizers@solutionaryevents.com
6	Save The Panther 5K, Palm Beach Zoo, West Palm Beach	7:30 AM	www.palmbeachzoo.org
6	1 <sup>st</sup> Annual Lion 5K, On the Campus of FBCN/FBA, Naples	7:30 AM	rmtchell@fbalions.org
7	5 <sup>th</sup> Annual Andrew Monroe Memorial Scholarship 5K Run/Walk, Siesta Key Beach	8:15 AM	staceymonroe1@hotmail.com
12	Run for the Falcons 5K, Jensen Beach High School	6:00 PM	lisa@teammholland.info
13	Bahamas Race for the Cure 5K, Nassau, Bahamas	7:00 AM	www.komenbahamas.org
13	Zo's Family Health & Wellness Groove 5K Run/Walk, North Miami Athletic Stadium	8:00 AM	www.zoswintergroove.com
13	15 <sup>th</sup> Annual Sarasota YMCA Ringling Bridge Run, 4-Mile, 1-Mile Fun Run	7:30 AM	www.sarasotaymca.org/ringlingbridgerun
13	5K 4 Kids, St Anthony Catholic Church	7:30 AM	bob@gflrcc.org
14	Marathon Bahamas, Full, Half & 4-Person Relay	6:00 AM	www.marathonbahamas.com/home
14	20 <sup>th</sup> Annual Key West Half Marathon & 5K	7:00 AM	www.keywesthalfmarathon.com
14	Lions Fort Pierce Half Marathon & 5K, Downtown Fort Pierce & beaches	6:30 AM	www.runfortpierce.com
14	30 <sup>th</sup> Annual Naples Daily News Half Marathon, Cambier Park	7:00 AM	www.napleshalfmarathon.net
14	8 <sup>th</sup> Annual Vista View 360, 6-Hour Ultra Marathon & 4-Person Relay, Davie	6:00 AM	rundepot@aol.com
14	Gift of Life's Steps for Life 5K Run & Walk, South County Regional Pk (Sunset Cove)	8:00 AM	stepsforlife@giftoffife.org
15	35 <sup>th</sup> Annual Dr Martin Luther King Jr 5K Run & Fitness Walk, Downtown Miami	8:00 AM	www.splitsecondtiming.com
20	The Honda Classic 5K, PGA National Resort & Spa, Palm Beach Gardens	7:30 AM	angelo.scaccetti@img.com
20	Delta 5K Walk/Run for Health, Osswald Park, Fort Lauderdale	7:30 AM	www.tinyurl.com/yaa39aef
20	Brandon's Run, Quiet Waters Park	7:00 AM	bob@gflrcc.org
20	FLIPANY 5K/10K Run, Walk, Paddle, North Beach Park, Hollywood	7:30 AM	www.flipany.org
21	12 <sup>th</sup> Annual Town of Bay Harbor Islands 5K/10K Run/Walk, Town Hall	8:00 AM	www.multirace.com
21	Women of Tomorrow Beach Walk & Run 5K, Bal Harbour	8:00 AM	b.gonzalez@womenoftomorrow.org
21	3 <sup>rd</sup> Annual Rainbow 5K Run/Walk, Wilton Drive, Wilton Manors	7:30 AM	roa@pridecenterflorida.org
21	Run For The Cake 5K & 10K, FAU Boca Raton	7:15 AM	steven@badassrunners.com
27	Kids in Distress (KID) Hero 5K, Vista View Park, Davie	8:00 AM	elsablancobridgen@kidinc.org
27	Tropical 5K, Miami Children's Museum	7:30 AM	www.themiamimmarathon.com/tropical-5k
28	16 <sup>th</sup> Annual Miami Marathon & Half Marathon, American Airlines Arena	6:00 AM	www.themiamimmarathon.com

## February

3	Walk for Wishes 5K Walk/Run & Family Fun Day, Markham Park, Sunrise	8:30 AM	www.walkforwishesfla.net
3	William F Boyton 5K Run/Walk, E Pat Larkin Community Center, Pomapno Beach	7:00 AM	www.tinyurl.com/ybc6e48g
3	AIDS Walk Orlando-Celebrity 5K, Disney Amphitheater at Lake Eola Park	5:00 PM	apedra@hopeandhelp.org
3	5 <sup>th</sup> Annual Young Singers Mary Murray Scholarship 5K Family Walk/Run, Okeehelcee Park, WPB	8:00 AM	www.yspb.org/5k
3	Wild Orchid 5K, Jog Road & Summit Blvd, West Palm Beach	8:00 AM	carmenrodriguez@fau.edu
3	Loop For Literacy 5K Run/Walk & 40-M Bike, John Prince Park, Lake Worth	7:00 AM	www.literacybc.org
4	Daytona Beach 1/2-Marathon & 5K, Race from the Speedway to the Beach and back!	7:30 AM	www.daytonabeachhalf.com
4	16 <sup>th</sup> Annual Coconut Creek Butterfly Run 5K, Tradewinds Park	7:00 AM	www.tinyurl.com/y9tz7lut
10	9 <sup>th</sup> Annual CCA 5K Run/Walk, Calvery Chapel Fort Lauderdale	7:30 AM	www.ccaeaegles.org/5k
10	Race for Faith 5K & 10K Challenge, John Prince Park, Lake Worth	7:30 AM	cindyrace4faith@aol.com
10	Florida Today 5K, 8K, Kids Run & Mascot Marathon, Melbourne		www.thefloridamarathon.com
11	Publix Florida Marathon & 1/2 Marathon, 1/2 Marathon Relay Melbourne		www.thefloridamarathon.com
11	13 <sup>th</sup> Annual Run Through Central Park 5K Run & Fitness Walk, Plantation	7:00 AM	rundepot@aol.com
11	11 <sup>th</sup> Annual I Care, I Cure...I Run 5K & Family Fun Day, Nova Southeastern Univ, Davie	7:30 AM	www.icareicure.org
11	Cooper City Richardson 5K Run/Walk & 1-Mile Fun Run, Cooper City Sports Complex	8:00 AM	www.tinyurl.com/ycwkvavz
11	9 <sup>th</sup> Annual SunSmart 5K Run/Walk, Bill Baggs State Park, Key Biscayne	7:30 AM	unsunsmart@gmail.com
11	6 <sup>th</sup> Annual Hearts At Work 5K Run/Walk, Markham Park, Sunrise	7:30 AM	www.tinyurl.com/y86fsvvm
17	Everglades Ultras, 50-Miles, 50K, 25K, Fakahatchee Strand Preserve State Park	6:00 AM	www.evergladesultras.com
17	Toga 5K Run/Walk & Kids Olympic Dash, Dreher Park, West Palm Beach	10:00 AM	info@togarususa.com
17	A Breath of Hope Lung Run 5K, Lakes Regional Park, Fort Myers	7:30 AM	anna@abreathofhope.org
17	Quack Attack on Poverty 5K, Harbor Park at Lake Baldwin, Orlando	8:00 AM	caitlyn@unitedagainstopoverty.org
24	8 <sup>th</sup> Annual Outrun Hunger 5K Run/Walk, Hollywood Beach Broadwalk	7:30 AM	www.feedingsouthflorida.org/events
24	The Great American Bacon Race 5K & 1K Kids Race, FIU Campus, Miami	8:00 AM	kevin@americanbaconrace.com
24	Soaring Butterflies 5K Run/Walk, Tradewinds Park, Coconut Creek	8:00 AM	soaringbutterflies@gmail.com
24	Women In Distress SAFEWALK-RUN 5K, Nova Southeastern University, Davie	7:30 AM	mwilliams@womenindistress.org
24	Live Like Bella Super Hero 5K, Zoo Miami	8:00 AM	monica@livelikebells.com
24-25	Publix Gasparilla Distance Classic, Tampa		www.tampabayrun.com
25	Florida Brain Cancer 5K Run/Walk, John Prince Park, Lake Worth	8:00 AM	www.fbc5k.org
25	SunRunners 40 <sup>th</sup> Annual 10K, South Beach Park, Vero Beach	7:30 AM	sunrunners10k@gmail.com
25	9 <sup>th</sup> Annual Tour de Broward Ride, Run, Walk, Miramar Regional Park	7:00 AM	www.tinyurl.com/y9c7mxab
26	Loco Rio 8K Fort Lauderdale, Florence C Hardy Park	7:00 AM	steve@racedayprofessionals.com

## March

3	12 <sup>th</sup> Annual Sombrero Beach Run, 15K Challenge, 10K Run, 5K Run/Walk	8:00 AM	www.sombreroeachrun.com
3	DRHope4Cure 5K/10K Run, Marlins Park, Miami (Run for free w/GORUNMIAMI code)	8:00 AM	www.diabetesresearch.org
4	<b>TCR Marathon of the Treasure Coast &amp; Half</b> , Memorial Park, Stuart	6:30 AM	www.treasurecoastmarathon.com
4	305 Half Marathon & 5K, Lummus Park, Miami Beach	6:15 AM	www.305halfmarathon.com
4	Osteo Bi-Flex Made to Move Copperhead 5K, Innisbrook Resort, Palm Harbor	4:00 PM	sports4@tampabayports.com
10	TK Gator Grind 5-Miles, Tanah Keeta Scout Camp, Tequesta	7:00 AM	angela.kolp@scouting.org
10	<b>KWS Menendez Miler 5K</b> , Indigenous Park, Key West	8:00 AM	runonn@gmail.com
11	Rotary Club & Police Department Bal Harbour 5K Race/Walk, Haulover Park	7:30 AM	surfflorist@juno.com
11	The Great Amazing Race, Family friendly adventure/obstacle race, Tree Tops Park	3:00 PM	info@greatamazingrace.com
17	<b>KWS Run With Deer 5K</b> , Big Pine Key	8:00 AM	runonn@gmail.com
18	First Watch Sarasota Half Marathon & Relay, Sarasota	6:45 AM	www.sarasotahalfmarathon.com
18	Excalibur 10-Miler & Relay & Dragon Slayer 2-Miler, Viero High School	7:30 AM	www.excaliburrun.com
18	Ives 5K Run/Walk, Ives Estates Park, Miami	7:30 AM	www.ives5k.com
31	11 <sup>th</sup> Annual Rooney's 5K Run/Walk & Kids 1-Mile	7:30 AM	www.rooneysgolffoundation.org/5krunwalk

## April

8	Ron Jon Cocoa Beach Triathlon, .25 Mile Swim, 12 Mile Bike, 3.1 Mile Run, Cocoa Beach		www.cocoabeachtriathlon.com
14	Walk for Wishes 5K Walk/Run, Zoo Miami	8:30 AM	www.walkforwishesfla.net
15	South Beach Triathlon, Lummus Park		www.southbeachtriathlon.com
21	Shake, Rattle & Run 5K, John Prince Park, Lake Worth	7:30 AM	www.shakerattlerun.com
21	<b>KWS Earth Day 5K</b> , Indigenous Park, Key West	8:00 AM	runonn@gmail.com

## May

4	8 <sup>th</sup> Annual SunFest TGI 5K, Downtown Waterfront, West Palm Beach	5:30 PM	www.sunfest.com/tgi5k
5	Inaugural Deltas on the Run 5K, Hollywood Beach Baordwalk	7:00 AM	info@dstssouthbroward.org
6	USA Beach Running Championships, 10K & 1/2 Marathon, Cocoa Beach		www.runthebeach.com
19	11 <sup>th</sup> Annual KEYS100, 100Mi/50Mi Indiv & 6-Runner 100Mi Team Relay, Key Largo to Key West		www.keys100.com
26	<b>KWS Southernmost Seminoles 5K Renegade Run</b> , Key West	7:30 PM	runonn@gmail.com

## Participating South Florida Running Clubs

**KWS Key West Southernmost Runners** [SouthernmostRunners.com](http://SouthernmostRunners.com)    **PBR Palm Beach Roadrunners** [PalmBeachRoadrunners.com](http://PalmBeachRoadrunners.com)    **TCR Treasure Coast Running** [TCRrunning.org](http://TCRrunning.org)

### SF RUNNING FORUM

Is published monthly and produced through the joint efforts of the BR Running, Gold Coast Runners, Key West Southernmost Runners, Northwest Broward Road Runners, Palm Beach Roadrunners, Sailfish Striders, and South Florida Striders running Clubs. All newsletter articles should be submitted to your Club newspaper editor. Deadline is the 10<sup>th</sup> of the preceeding month. All advertising requests should be directed to the publisher. Address change requests must be made with your Club.

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Participating **SFRF Club** events appear in **Boldface**.  
The '3-letter' designation after the date is the Club reference.

### ATTENTION RACE DIRECTORS

To avoid conflicts with other events get your race listed, as soon as possible, on the **SFRF Event Calendar**. Send your request to the Editor.

## SOUTH FLORIDA RACEWALKERS

The Walking club of South Florida

[www.southfloridaracewalkers.com](http://www.southfloridaracewalkers.com)

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